



# Suggested Flow of Swing Dance Training

## KEY

- PURE beginners start here
- Confident? You can also start here
- 1-3 mos experience needed
- 4-6 mos experience needed
- 6-12 mos experience needed

## Beginner Classes

**East Coast**

**Beginner East Coast 1: Single Step**  
No experience

**Beg. East Coast 2: Triple Step**  
EC 1 or no experience

Each box inside the dotted line represents a **6-week course**, 6 1-hr group classes.

**Lindy Hop**

**Course name { Prerequisites {**

**Beg. Lindy Hop 1: Swing Out**  
EC 2 or no experience

**Beginner Lindy Hop 2: Turns & Variations**  
EC 2 & LH 1

**Adv. Beginner Lindy Hop**  
EC 2, LH 1, & LH 2

**Intermediate Lindy Hop**  
6 mos LH & 3 mos Charleston

**Charleston**

**Beginner Charleston 1: 20s Style**  
No experience

**Beginner Charleston 2: 30s Style**  
Ch 1

**Solo Jazz & Charleston Routines**  
Pre-reqs vary

**Intermediate Charleston**  
Ch 1 & Ch 2

**Performance Team**  
By audition

**Balboa**

**Social Dancing**  
Each course inside the dotted line requires you attend 2 social dances.

**Beginner Balboa 1**  
EC 1, Ch 1, or no experience

**Beginner Balboa 2**  
Bal 1

## Higher Level Classes & Other

New material each series

**Workshops & Special Topics Classes**  
All styles; see class descriptions for pre-reqs

**Out-of-town Events, Workshops, & Competitions**  
All styles; see website for our suggestions!